

Community Institute for Psychotherapy

1330 Lincoln Ave #201, San Rafael, CA 94901-2141

Phone (415) 459-5999 Fax (415) 459-5602 www.cipmarin.org



2019-2020 Professional Development Series

LOCATION:

Embassy Suites by Hilton
101 McInnis Parkway
San Rafael, CA 94903

COST:

CIP Members:

\$100 early registration 10 days
prior to seminar; \$120 after

Non-Members:

\$130 early registration up to 10
days prior to seminar, \$150
after

CEs: 6 CE's for LMFTs,
LCSWs, and Psychologists.

*Community Institute for
Psychotherapy is approved by the
American Psychological Association to
sponsor continuing education for
psychologists. Community Institute for
Psychotherapy maintains
responsibility for this program and its
content.*

Cancellations must be received in
writing 10 business days prior to the
seminar or class for a refund minus a
\$25 cancellation fee.

Accommodations will be made
wherever possible to those with
disabilities. Please let us know of any
disabilities upon registration, to ensure
proper accommodations are put in
place prior to workshop/training.

TO REGISTER...

ONLINE:

Visit www.cipmarin.org and select
Professional Development and choose
Seminars for Professionals. Click on
the course title and follow the steps
through our secure shopping cart.

PHONE: Call (415) 459-5999 x101

MAIL:

Send check or money order to
**Community Institute for
Psychotherapy**
1330 Lincoln Ave #201
San Rafael, CA 94901

A SEMINAR FOR PROFESSIONALS

Buried Above Ground: Understanding, Assessing, and Treating Suicidal People

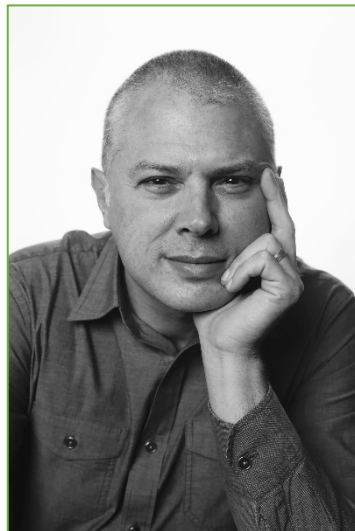
This Seminar Meets the New BOP Requirements for Psychologists

Presented by Joseph H. Obegi, PsyD

Saturday, October 26, 2019 | 9:00 am – 4:00 pm

This 6-hour course covers the essential aspects of suicide risk assessment and intervention. Part 1 teaches participants how to complete a high-quality suicide risk assessment, an essential first step in protecting the suicidal patient. Participants will learn a structured approach to (a) inquiring about suicidal thinking and behavior and (b) integrating this information with warning signs and risk factors for suicide. Guidelines for estimating suicide risk will be reviewed as well as how to create a treatment plan that reduces risk.

In Part 2, participants will learn about treatment options that can safely and effectively reduce suicide risk. Two interventions—safety planning and means safety—address the near-term safety of patients while outpatient treatments that prioritize suicidality can mitigate factors that drive suicide risk. Participants will be introduced to these interventions and their research basis. Finally, participants will learn the legal complexities involved in treating suicidal patients.



Dr. Joseph Obegi completed his education at the California School of Professional Psychology and his postdoctoral training in the Department of Psychiatry, UC San Diego. He is a Senior Psychologist with the California Department of Corrections and Rehabilitation where he coordinates suicide prevention efforts in the inpatient psychiatric units at the California Medical Facility. In the community, he provides training and consultation in topics related to suicide and has part-time practice working with adults. He writes about suicide risk assessment, the standard of care, and suicidality as a diagnostic candidate. He is the co-editor of *Attachment Theory and Research in Clinical Work with Adults*.