



Joseph H. Obegi, PsyD

Psy 21603 530-302-7304 jhobegi@gmail.com 2055 Anderson Road Davis, CA 95616

## References for *"Buried Above Ground"*

### *Understanding, Assessing, and Treating Suicidal People*

Ahrnsbrak, R., Bose, J., Hedden, S. L., Lipari, R. N., & Park-Lee, E. (2017). Key substance use and mental health indicators in the United States: Results from the 2016 National Survey on Drug Use and Health. Rockville, MD, USA: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.

American Psychiatric Association. (2003). Practice guideline for the assessment and treatment of patients with suicidal behaviors. *American Journal of Psychiatry*, 160(11 Suppl), 1-60.

Anestis, M. D., & Anestis, J. C. (2015). Suicide rates and state laws regulating access and exposure to handguns. *American Journal of Public Health*, e1-e10. doi:10.2105/AJPH.2015.302753

Appleby, L., Shaw, J., Amos, T., McDonnell, R., Harris, C., McCann, K., . . . Parsons, R. (1999). Suicide within 12 months of contact with mental health services: National clinical survey. *British Medical Journal*, 318(7193), 1235-1239. Retrieved from <https://www.ncbi.nlm.nih.gov/pubmed/10231250>

Arsenault-Lapierre, G., Kim, C., & Turecki, G. (2004). Psychiatric diagnoses in 3275 suicides: A meta-analysis. *BMC Psychiatry*, 4, 37. doi:10.1186/1471-244X-4-37

Baca-Garcia, E., Perez-Rodriguez, M. M., Oquendo, M. A., Keyes, K. M., Hasin, D. S., Grant, B. F., & Blanco, C. (2011). Estimating risk for suicide attempt: Are we asking the right questions? Passive suicidal ideation as a marker for suicidal behavior. *Journal of Affective Disorders*, 134(1-3), 327-332. doi:10.1016/j.jad.2011.06.026

Barry, L. C., Wakefield, D. B., Trestman, R. L., & Conwell, Y. (2015). Active and passive suicidal ideation in older prisoners. *Crisis*, 37, 1-7. doi:10.1027/0227-5910/a000350

Berman, A. L., & Silverman, M. M. (2014). Suicide risk assessment and risk formulation Part II: Suicide risk formulation and the determination of levels of risk. *Suicide and Life-Threatening Behavior*, 44(4), 432-443. doi:10.1111/sltb.12067

Betz, M. E., Miller, M., Barber, C., Miller, I., Sullivan, A. F., Camargo, C. A. J., & Boudreaux, E. D. (2013). Lethal means restriction for suicide prevention: Beliefs and behaviors of emergency department providers. *Depression and Anxiety*, 30(10), 1013-1020.

Blanchard, M., & Farber, B. A. (2018). "It is never okay to talk about suicide": Patients' reasons for concealing suicidal ideation in psychotherapy. *Psychother Res*, 1-13. doi:10.1080/10503307.2018.1543977

Bongar, B., & Sullivan, G. (2013). *The suicidal patient: Clinical and legal standards of care*. Washington, DC, US: American Psychological Association. doi:http://0-dx.doi.org.library.alliant.edu/10.1037/14184-000

Bostwick, J. M., Pabbati, C., Geske, J. R., & McKean, A. J. (2016). Suicide attempt as a risk factor for completed suicide: Even more lethal than we knew. *American Journal of Psychiatry*, 173(11), 1094-1100. doi:10.1176/appi.ajp.2016.15070854

Bouch, J., & Marshall, J. J. (2005). Suicide risk: Structured professional judgement. *Advances in Psychiatric Treatment*, 11(2), 84-91. doi:10.1192/apt.11.2.84

Bouris, A., Everett, B. G., Heath, R. D., Elsaesser, C. E., & Neilands, T. B. (2016). Effects of Victimization and Violence on Suicidal Ideation and Behaviors Among Sexual Minority and Heterosexual Adolescents. *LGBT Health*, 3(2), 153-161. doi:10.1089/lgbt.2015.0037

Bryan, C. J., May, A. M., Rozek, D. C., Williams, S. R., Clemans, T. A., Mintz, J., . . . Burch, T. S. (2018). Use of crisis management interventions among suicidal patients: Results of a randomized controlled trial. *Depression and Anxiety*, 35(7), 619-628. doi:10.1002/da.22753

Bryan, C. J., Mintz, J., Clemans, T. A., Burch, T. S., Leeson, B., Williams, S., & Rudd, M. D. (2018). Effect of crisis response planning on patient mood and clinician decision making: A clinical trial with suicidal U.S. Soldiers. *Psychiatric Services*, 69(1), 108-111. doi:10.1176/appi.ps.201700157

Bryan, C. J., Stone, S. L., & Rudd, M. D. (2011). A practical, evidence-based approach for means-restriction counseling with suicidal patients. *Professional Psychology: Research and Practice*, 42(5), 339-346. doi:10.1037/a0025051

Bryan, C. J., Mintz, J., Clemans, T. A., Leeson, B., Burch, T. S., Williams, S. R., . . . Rudd, M. D. (2017). Effect of crisis response planning vs. contracts for safety on suicide risk in U.S. Army Soldiers: A randomized clinical trial. *Journal of Affective Disorders*, 212, 64-72. doi:10.1016/j.jad.2017.01.028

Carroll, R., Metcalfe, C., & Gunnell, D. (2014). Hospital presenting self-harm and risk of fatal and non-fatal repetition: Systematic review and meta-analysis. *PLoS One*, 9(2), e89944. doi:10.1371/journal.pone.0089944

- Center for Disease Control. (1992). Youth Suicide Prevention Programs: A Resource Guide. Retrieved 1-15, 2015 from <http://wonder.cdc.gov/wonder/prevguid/p0000024/p0000024.asp>
- Cerel, J., Brown, M. M., Maple, M., Singleton, M., van de Venne, J., Moore, M., & Flaherty, C. (2019). How Many People Are Exposed to Suicide? Not Six. *Suicide and Life-Threatening Behavior*, 49(2), 529-534. doi:10.1111/sltb.12450
- Chemtob, C. M., Bauer, G. B., Hamada, R. S., Pelowski, S. R., & Muraoka, M. Y. (1989). Patient suicide: Occupational hazard for psychologists and psychiatrists. *Professional Psychology: Research and Practice*, 20(5), 294-300. doi:10.1037/0735-7028.20.5.294
- Chiles, J., & Strosahl, K. (2005). *Clinical manual for assessment and treatment of suicidal patients*. Washington, DC: American Psychiatric Publications.
- Cramer, R. J., & Kapusta, N. D. (2017). A social-ecological framework of theory, assessment, and prevention of suicide. *Frontiers in Psychology*, 8, 1756. doi:10.3389/fpsyg.2017.01756
- Crifasi, C. K., Meyers, J. S., Vernick, J. S., & Webster, D. W. (2015). Effects of changes in permit-to-purchase handgun laws in Connecticut and Missouri on suicide rates. *Preventive Medicine*, 79, 43-49. doi:10.1016/j.ypmed.2015.07.013
- Croskerry, P. (2003). The importance of cognitive errors in diagnosis and strategies to minimize them. *Academic Medicine*, 78(8), 775-780.
- Department of Veterans Affairs, & Department of Defense. (2013). *VA/DoD clinical practice guideline for assessment and management of patients at risk for suicide*. US Department of Veterans Affairs, Washington, DC.
- Drapeau, C., & McIntosh, J. L. (2018). U.S.A. suicide: 2017 Official final data. Washington DC: American Association of Suicidology. Retrieved from <https://suicidology.org>
- Easter, H. (2014). Suicide-related terminology. Retrieved 24 Feb, 2019 from <http://www.holliseaster.com/p/suicide-related-terminology/>
- Everall, R. D., Bostik, K. E., & Paulson, B. L. (2006). Being in the Safety Zone: Emotional Experiences of Suicidal Adolescents and Emerging Adults. *Journal of Adolescent Research*, 21(4), 370-392. doi:10.1177/0743558406289753
- Fischhoff, B., & Kadvany, J. D. (2011). *Risk: A very short introduction*. Oxford; New York: Oxford University Press.
- Freedenthal, S. (2018). *Helping the suicidal person: Tips and techniques for professionals*. New York, NY: Routledge.
- Friend, T. (2003). Jumpers: The fatal grandeur of the Golden Gate Bridge. *The New Yorker*, 13(10), 03.

- Gamarra, J. M., Luciano, M. T., Gradus, J. L., & Wiltsey Stirman, S. (2015). Assessing variability and implementation fidelity of suicide prevention safety planning in a regional va healthcare system. *Crisis, 36*(6), 433-439. doi:10.1027/0227-5910/a000345
- Garvey, K. A., Penn, J. V., Campbell, A. L., Esposito-Smythers, C., & Spirito, A. (2009). Contracting for safety with patients: Clinical practice and forensic implications. *Journal of the American Academy of Psychiatry and the Law Online, 37*(3), 363-370.
- Gutheil, T. G. (1980). Paranoia and progress notes: a guide to forensically informed psychiatric recordkeeping. *Hospital & Community Psychiatry, 31*(7), 479-482.
- Harvard Injury Control Research Center. (2012). Means matter: Suicide, guns & public health. MeansMatter\_Brochure.pdf. Retrieved from [http://cdn1.sph.harvard.edu/wp-content/uploads/sites/127/2012/09/MeansMatter\\_Brochure.pdf](http://cdn1.sph.harvard.edu/wp-content/uploads/sites/127/2012/09/MeansMatter_Brochure.pdf)
- Heron, M. (2018). Deaths: Leading causes for 2016 (67(6)). Hyattsville, MD: National Center for Health Statistics.
- Jobes, D. A. (2016). *Managing suicidal risk: A collaborative approach* (2nd ed.). New York: Guilford.
- Joint Commission. (2016). Detecting and treating suicide ideation in all settings. *Sentinel Event Alert, 56*, 1-7.
- Kang, H. K., Bullman, T. A., Smolenski, D. J., Skopp, N. A., Gahm, G. A., & Reger, M. A. (2015). Suicide risk among 1.3 million veterans who were on active duty during the Iraq and Afghanistan wars. *Ann Epidemiol, 25*(2), 96-100. doi:10.1016/j.annepidem.2014.11.020
- Kidd, S. A. (2004). "The walls were closing in, and we were trapped" Qualitative analysis of street youth suicide. *Youth & Society, 36*(1), 30-55.
- Klonsky, E. D., & May, A. M. (2015). The three-step theory (3ST): A new theory of suicide rooted in the ideation-to-action framework. *International Journal of Cognitive Therapy, 8*(2), 114-129. doi:10.1521/ijct.2015.8.2.114
- Kruesi, M. J. P. U. I., Grossman, J., Pennington, J. M., Woodward, P. J., Duda, D., & Hirsch, J. G. (1999). Suicide and violence prevention: Parent education in the emergency department. *Journal of the American Academy of Child and Adolescent Psychiatry, 38*(3), 250-255. doi:http://0-dx.doi.org.library.alliant.edu/10.1097/00004583-199903000-00010
- Lachal, J., Orri, M., Sibeoni, J., Moro, M. R., & Revah-Levy, A. (2015). Metasynthesis of youth suicidal behaviours: Perspectives of youth, parents, and health care professionals. *PLoS One, 10*(5), e0127359. doi:10.1371/journal.pone.0127359

Linehan, M. M. (1999). Standard protocol for assessing and treating suicidal behaviors for patients in treatment. In D. G. Jacobs (Ed.), *The Harvard Medical School guide to suicide assessment and intervention* (pp. 146-187). San Francisco: Jossey-Bass.

Linehan, M. M. (1981). A social-behavioral analysis of suicide and parasuicide implications for clinical assessment and treatment. In J. F. Clarkin & H. I. Glazer (Eds.), *Depression, behavioral and directive intervention strategies* (pp. 229-294). New York: Garland.

Maltsberger, J. T., & Buie, D. H. (1989). Common errors in the management of suicidal patients. In D. Jacobs & H. N. Brown (Eds.), *Suicide: Understanding and Responding: Harvard Medical School Perspectives* (pp. 285-290). Madison, CT: International Universities.

Maltsberger, J. T. (1986). *Suicide risk: The formulation of clinical judgment*. New York: New York University Press.

Mann, J. J., Waternaux, C., Haas, G. L., & Malone, K. M. (1999). Toward a clinical model of suicidal behavior in psychiatric patients. *American Journal of Psychiatry*, 156(2), 181-189.

Matarazzo, B. B., Homaifar, B. Y., Farro, S. A., & Brenner, L. A. (2015). The language of suicide. In C. J. Bryan (Ed.), *Cognitive Behavioral Therapy for Preventing Suicide Attempts: A Guide to Brief Treatments Across Clinical Settings* (pp. 14-32). New York: Routledge.

Matarazzo, B. B., Homaifar, B. Y., & Wortzel, H. S. (2014). Therapeutic risk management of the suicidal patient: Safety planning. *Journal of Psychiatric Practice*, 20(3), 220-224. doi:<http://0-dx.doi.org.library.alliant.edu/10.1097/01.pra.0000450321.06612.7a>

Michel, K., Maltsberger, J. T., Jobes, D. A., Leenaars, A. A., Orbach, I., Stadler, K., . . . Valach, L. (2002). Discovering the truth in attempted suicide. *American Journal of Psychotherapy*, 56(3), 424-437.

Miller, I. W., Camargo, C. A., Arias, S. A., Sullivan, A. F., Allen, M. H., Goldstein, A. B., . . . ED-SAFE, I. (2017). Suicide Prevention in an Emergency Department Population: The ED-SAFE Study. *JAMA Psychiatry*, 74(6), 563-570. doi:10.1001/jamapsychiatry.2017.0678

Obegi, J. H. (2019). Rethinking suicidal behavior disorder. *Crisis*, 40(3), 209-219. doi:10.1027/0227-5910/a000543

Obegi, J. H., Rankin, J. M., Williams, J. C., & Ninivaggio, G. (2015). How to write a suicide risk assessment that's clinically sound and legally defensible. *Current Psychiatry*, 14(3), 50-51.

Office of Mental Health and Suicide Prevention. (2019). *2019 National Veteran Suicide Prevention Annual Report*. U.S. Department of Veterans Affairs.

Phillips, M. (2010). Rethinking the role of mental illness in suicide. *American Journal of Psychiatry*, 167(7), 731-733.

- Posner, K., Oquendo, M. A., Gould, M., Stanley, B., & Davies, M. (2007). Columbia Classification Algorithm of Suicide Assessment (C-CASA): Classification of suicidal events in the FDA's pediatric suicidal risk analysis of antidepressants. *American Journal of Psychiatry*, 164(7), 1035-1043. doi:10.1176/ajp.2007.164.7.1035
- Reid, W. H. (2007). Practice well: Suicide risk and suicide prevention. *Journal of Psychiatric Practice*, 13(6), 402-404. doi:http://0-dx.doi.org.library.alliant.edu/10.1097/01.pra.0000300127.29688.0b
- Rimkeviciene, J., O'Gorman, J., Hawgood, J., & De Leo, D. (2016). Timelines for difficult times: Use of visual timelines in interviewing suicide attempters. *Qualitative Research in Psychology*, 13(3), 231-245. doi:10.1080/14780887.2016.1170913
- Rudd, M. D. (2006). Fluid vulnerability theory: A cognitive approach to understanding the process of acute and chronic suicide risk. In T. E. Ellis (Ed.), *Cognition and suicide: Theory, research, and therapy* (pp. 355-368). Washington, DC: American Psychological Association.
- Rudd, M. D. (2014). Core competencies, warning signs, and a framework for suicide risk assessment in clinical practice. In M. K. Nock (Ed.), *The Oxford handbook of suicide and self-injury* (pp. 323-336). New York: Oxford University Press.
- Rudd, M. D., Berman, A. L., Joiner, T. E. J., Nock, M. K., Silverman, M. M., Mandrusiak, M., . . . Witte, T. (2006). Warning Signs for Suicide: Theory, Research, and Clinical Applications. *Suicide and Life-Threatening Behavior*, 36(3), 255-262.
- Schwartz, D. A. (1979). The suicidal character. *Psychiatric Quarterly*, 51(1), 64-70. doi:10.1007/bf01064720
- Shea, S. C. (2002). *The practical art of suicide assessment: A guide for mental health professionals and substance abuse counselors*. Hoboken, NJ: Wiley.
- Shepard, D. S., Gurewich, D., Lwin, A. K., Reed, G. A., & Silverman, M. M. (2016). Suicide and Suicidal Attempts in the United States: Costs and Policy Implications. *Suicide and Life-Threatening Behavior*, 46(3), 352-362. doi:10.1111/sltb.12225
- Shneidman, E. S. (1998). *The suicidal mind*. New York: Oxford University Press.
- Simon, R. I. (1999). The suicide prevention contract: clinical, legal, and risk management issues. *Journal of the American Academy of Psychiatry and the Law*, 27(3), 445-450.
- Simon, R. I. (2004). *Assessing and managing suicide risk: Guidelines for clinically based risk management*. Washington, DC: American Psychiatric Publishing.
- Simon, R. I. (2006). Clinically based risk management of the suicidal patient: Avoiding malpractice litigation. In R. I. Simon & R. E. Hales (Eds.), *The American Psychiatric Publishing Textbook of Suicide Assessment and Management* (1st ed., pp. 545-575). Arlington, VA, US: American Psychiatric Publishing.

- Simon, R. I. (2007). Gun safety management with patients at risk for suicide. *Suicide and Life-Threatening Behavior*, 37(5), 518-526. doi:10.1521/suli.2007.37.5.518
- Simon, R. I. (2008). Behavioral risk assessment of the guarded suicidal patient. *Suicide and Life-Threatening Behavior*, 38(5), 517-522. doi:10.1521/suli.2008.38.5.517
- Simon, T. R., Swann, A. C., Powell, K. E., Potter, L. B., Kresnow, M.-j., & O'Carroll, P. W. (2001). Characteristics of impulsive suicide attempts and attempters. 32(Suppl), 49-59. doi:http://0-dx.doi.org.library.alliant.edu/10.1521/suli.32.1.5.49.24212
- Simpson, S., & Stacy, M. (2004). Avoiding the malpractice snare: Documenting suicide risk assessment. *Journal of Psychiatric Practice*, 10(3), 185-189.
- Smith, E. G., Kim, H. M., Ganoczy, D., Stano, C., Pfeiffer, P. N., & Valenstein, M. (2013). Suicide risk assessment received prior to suicide death by Veterans Health Administration patients with a history of depression. *Journal of Clinical Psychiatry*, 74(3), 226-232. doi:10.4088/JCP.12m07853
- Stanley, B., Brown, G. K., Brenner, L. A., Galfalvy, H. C., Currier, G. W., Knox, K. L., . . . Green, K. L. (2018). Comparison of the safety planning intervention with follow-up vs usual care of suicidal patients treated in the emergency department. *JAMA Psychiatry*, 75(9), 894-900. doi:10.1001/jamapsychiatry.2018.1776
- Stanley, B., & Brown, G. K. (2008). Safety plan treatment manual to reduce suicide risk: Veteran version. USA: Department of Veterans Affairs.
- Stanley, B., & Brown, G. K. (2019). The safety planning interventions to reduce suicide risk: The basics and beyond. Proceedings from 52nd Annual Conference of the American Association of Suicidology, Denver, CO.
- Stene-Larsen, K., & Reneflot, A. (2019). Contact with primary and mental health care prior to suicide: A systematic review of the literature from 2000 to 2017. *Scandinavian journal of public health*, 47(1), 9-17. doi:10.1177/1403494817746274
- Stone, D. M., Simon, T. R., Fowler, K. A., Kegler, S. R., Yuan, K., Holland, K. M., . . . Crosby, A. E. (2018). Vital Signs: Trends in state suicide rates – United States, 1999-2016 and circumstances contributing to suicide – 27 states, 2015. *Morbidity and Mortality Weekly Report*, 67(22), 617-624. doi:10.15585/mmwr.ss6618a1
- Substance Abuse and Mental Health Services Administration. (2015). A journey toward health and hope: Your handbook for recovery after a suicide attempt (HHS Publication No. SMA-15-4419 ed.). Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration.
- The Trevor Project. (2019). National Survey on LGBTQ Youth Mental Health. New York, New York: The Trevor Project.

U.S. Department of Health and Human Services, Office of the Surgeon General, & National Action Alliance for Suicide Prevention. (2012). 2012 National strategy for suicide prevention: Goals and objectives for action. Washington, DC: HHS. Retrieved from [www.surgeongeneral.gov/library/reports/national-strategy-suicide-prevention/index.html](http://www.surgeongeneral.gov/library/reports/national-strategy-suicide-prevention/index.html)

Vyrostek, S. B., Annest, J. L., & Ryan, G. W. (2004). Surveillance for fatal and nonfatal injuries: United States, 2001. *MMWR Surveillance Summaries*, 53(7), 1-57.

Ward-Ciesielski, E. F., & Linehan, M. M. (2014). Psychological treatment of suicidal behaviors. In M. K. Nock (Ed.), *The Oxford handbook of suicide and self-injury* (pp. 367-384). New York: Oxford University Press.

Wendler, S., & Matthews, D. (2006). Cultural competence in suicide risk assessment. In R. I. Simon & R. E. Hales (Eds.), *The American Psychiatric Publishing textbook of suicide assessment and management* (pp. 159-176). Washington, D.C.: American Psychiatric Publishing.

West Group. (2015). *West's California Jurisprudence 3D: Healing Arts and Institutions* (vol. 36A). Thomson Reuters.

Wintemute, G. J. (2015). The epidemiology of firearm violence in the twenty-first century United States. *Annual Review of Public Health*, 36, 5-19. doi:10.1146/annurev-publhealth-031914-122535

Zonana, J., Simberlund, J., & Christos, P. (2018). The impact of safety plans in an outpatient clinic. *Crisis*, 39(4), 304-309. doi:10.1027/0227-5910/a000495